

11 Warm Up Exercises

Repeat 10x each

Exercise 1: Bass clef, 6/8 time signature. The exercise consists of three measures, each with a repeat sign. The first measure has a key signature of one flat (Bb). The second measure has a key signature of two flats (Bb, Eb). The third measure has a key signature of three flats (Bb, Eb, Ab). The fretboard diagram below shows the fingerings for each measure: Measure 1: 0 1 0 2 0 3 0 2; Measure 2: 0 1 3 1 0 1 3 1; Measure 3: 0 1 3 1 0 1 3 1. A star symbol is placed above the first measure.

*finger matches fret number

Exercise 2: Bass clef, 6/8 time signature. The exercise consists of three measures, each with a repeat sign. The fretboard diagram below shows the fingerings for each measure: Measure 1: 0 0 0 2 0 2 0; Measure 2: 0 0 0 2 0 0; Measure 3: 2 0 0 0 0.

Exercise 3: Bass clef, 6/8 time signature. The exercise consists of four measures, each with a repeat sign. The fretboard diagram below shows the fingerings for each measure: Measure 1: 3 0 2 3 3 2 0; Measure 2: 0 3 2 0 3 2 0; Measure 3: 3 0 2 3 0 2 3 0; Measure 4: 0 3 2 0 3 2 0 3.

Exercise 4: Bass clef, 6/8 time signature. The exercise consists of five measures, each with a repeat sign. The first measure has a key signature of one flat (Bb). The second measure has a key signature of two flats (Bb, Eb). The third measure has a key signature of three flats (Bb, Eb, Ab). The fourth measure has a key signature of two flats (Bb, Eb). The fifth measure has a key signature of one flat (Bb). The fretboard diagram below shows the fingerings for each measure: Measure 1: 0 1 2 3 0 1 2 3; Measure 2: 0 1 2 3 0 1 2 3; Measure 3: 0 1 2 3 0 1 2 3; Measure 4: 3 2 1 0 3 2 1 0; Measure 5: 3 2 1 0 3 2 1 0.

Exercise 5: Bass clef, 6/8 time signature. The exercise consists of five measures, each with a repeat sign. The first measure has a key signature of two sharps (F#, C#). The second measure has a key signature of three sharps (F#, C#, G#). The third measure has a key signature of two sharps (F#, C#). The fourth measure has a key signature of one sharp (F#). The fifth measure has a key signature of one flat (Bb). The fretboard diagram below shows the fingerings for each measure: Measure 1: 1 2 3 4 1 2 3 4; Measure 2: 1 2 3 4 1 2 3 4; Measure 3: 1 2 3 4 1 2 3 4; Measure 4: 5 4 3 2 5 4 3 2; Measure 5: 5 4 3 2 5 4 3 2.